



# Broccoli, 300g

young, fine broccoli florets, individually removable



<b>article number</b> 230413	<b>barcode (item)</b>  4 026813 000323	<b>barcode (packaging)</b>  4 026813 001412	<b>eco-ID</b> 224873	
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## brand

Natural Cool



## quality

EU organic logo, EU agriculture

## control Authority

NL-BIO-01 | SKAL

## Origin

Netherlands (NL)

## Origin of the raw materials

Various countries

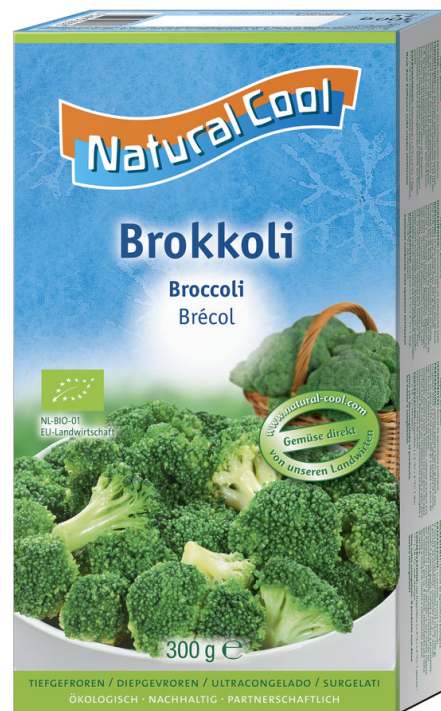
## Country of packing

Netherlands

## Ingredients

Broccoli florets\*

\*= ingredients from organic farming



## Marketing text

Broccoli florets from organic agriculture.

## Preparation instructions

In the pot: place the frozen broccoli in a pot with boiling water (125 ml for 300 g), add a pinch of salt and cook for 3-5 minutes, according to taste. Drain and season to taste. Drain and season to taste if wished.

Microwave (600 Watt capacity): Heat the frozen broccoli with a bit of water (3 table-spoons) and some salt in a covered microwave dish for approx. 4 min.

Stir thoroughly once during this time and once again before serving. In the event of a different capacity consult the microwave manufacturer's instructions.

## Consumer storage instructions

Do not refreeze after thawing

## Consumer storage instructions

Store at -18°C. Once defrosted do not refreeze.

## other allergy and dietary notes

vegan ✓

vegetarian ✓



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## category-specific information

Legal product category..... food  
 Preservation..... frozen  
 Preparation type..... Cooking pot

## Quality

Organic product..... yes  
 Official organic labels..... EU organic logo  
 Organic certification body..... NL-BIO-01

## Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

## Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

## Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

## nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 144 kJ / 35 kcal  
 Fat..... 0,2 g  
 of which saturates..... 0,1 g  
 Carbohydrates..... 2,7 g  
 of which sugars..... 2,7 g  
 Fibre..... 3,0 g  
 Protein..... 3,8 g  
 Salt..... 0,1 g  
 determining the nutritional values by..... calculation

## information on consumer unit

Description of packaging unit for consumer..... Box  
 Packaging material..... Cardboard

## aroma, consistency

Taste..... typical, without external flavour  
 Odour..... fresh  
 Consistency..... tender, not fibrous