



Organic Mussels, 500g

pasteurized in their own juice, in the shell, natural, sand free



article number 235035	barcode (item)  4 026813 280220	barcode (packaging)  4 026813 281258	eco-ID 236730	
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brand

bio inside



quality

100% bio, Reg (EC) No 834/2007, EU organic logo, EU agriculture

control Authority

PT-BIO-09 | SGS Portugal – Sociedade

Origin

Portugal (PT)

Origin of the raw materials

Portugal

Country of final processing

Portugal

Country of packing

Portugal

Ingredients

Blue Mussels (*mytilus galloprovincialis*)***

allergenic ingredients: Molluscs and mollusc products

***= organic aquaculture

Marketing text

Natural and selected ORGANIC Mussels, rope grown. Pasteurized in their own juice and deep-frozen, sand-free, ready to eat in 3 minutes.

Particularities

Our organic mussels are bred offshore the coast of Mar de Sagres in the Algarve (Portugal). They grow in a natural environment on long ropes in the open sea. The enormous wealth of nutrients (phytoplankton) caused by the upwelling stream and the strong tides, foster a unique biodiversity and provide the basis for natural and healthy breeding.





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Preparation instructions

Heat in bag: remove bag from sleeve. Place into a pot of boiling water for approx. 3 minutes. Remove carefully from pot and cut open. Pour into a serving dish and serve immediately.

In the microwave (ca. 600 W): thaw the product and put into a microwave safe dish. Heat on medium for 2,5 minutes. Additional salt is not required.

In paellas, cooked dishes, soups, etc.: add the Mussels to the habitual recipe without previous defrosting in order that the inner juice gives your dish the whole taste.

Consumer storage instructions

Store at -18°C. Once defrosted do not refreeze.

other notes

Discard any mussels which do not open after adequate heating.

allergy notes

traces possible: Fish and fish products, Crustaceans and products

not in production and pollution excluded: Gluten

contained: Molluscs and mollusc products

other allergy and dietary notes



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category-specific information

Legal product category.....	food
Sweetener.....	not sweetened
fish trade name.....	
fish production method.....	web feeding pose in the sea
fishing- or production method.....	of aquaculture
Preservation.....	frozen
Preparation type.....	Cooking pot

Quality

Organic product.....	yes
Official organic labels.....	EU organic logo
Organic certification body.....	PT-BIO-09

Further legal information

Additives, declaration obligatory.....	Do not refreeze after defrosting
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Compulsory label information

Compulsory additive label information.....	Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to EC Regulation 834/2007 and 889/2008. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed corresponding to Council Regulation (EC) No 834/2007 and Commission Regulation (EC) No 889/2008. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.
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Legal information

Regulated product name.....	Organic mussels in the shell, natural, pasteurized, deep-frozen
Adress of distributor.....	Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml.....	381 kJ / 91 kcal kJ
Fat.....	1,9 g
of which saturates.....	1,3 g
Carbohydrates.....	4,0 g
of which sugars.....	0,0 g
Fibre.....	0,0 g
Protein.....	14,7 g
Salt.....	1,9 g
determining the nutritional values by.....	analysis



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information on consumer unit

Packaging material..... Cardboard, PA, PP

Description of packaging unit for consumer..... Box

aroma, consistency

Taste..... like mussels, fresh

Odour..... fresh

Consistency..... typical