



Broccoli, 300g

young, fine broccoli florets, individually removable



| article number | barcode (item) | barcode (packaging) | eco-ID | |
|----------------|--|--|--------|---|
| 230409 |  4 026813 000163 |  4 026813 001177 | 80134 |  |

Brand

bio inside



Quality

EU organic logo, EU agriculture

Control Authority

NL-BIO-01 | SKAL

Origin

Netherlands (NL)

Origin of the raw materials

Spain, Netherlands



Ingredients

Broccoli*

*= ingredients from organic farming

Marketing text

bio inside offers a wide range of products comprising fresh basic, tasty and varied vegetables and fruit that you can use to make creatively delicious meals for an active way of life.

Usage instructions

In the pot: place the frozen broccoli in a pot with boiling water (125 ml for 300 g), add a pinch of salt and cook for 3-5 minutes, according to taste. Drain and season to taste.

Manufacturing

Coming directly from the field, bio inside products are immediately deep-frozen to preserve all their important vitamins and flavours.

Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

allergy notes

True: Contains no allergens subject to labelling according to Regulation (EU) 1169/2011 if they are not expressly mentioned here.

other allergy and dietary notes

vegan✓ vegetarian✓



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category-specific information

Legal product category..... food
Sweetener..... not sweetened
Preparation type..... Cooking pot

Quality

Organic product..... yes
Official organic labels..... EU organic logo
Organic certification body..... NL-BIO-01

Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1831/2003.

Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 128 kJ / 31 kcal
Fat..... 0,2 g
of which saturates..... 0 g
Carbohydrates..... 2,8 g
of which sugars..... 2,3 g
Fibre..... 3,3 g
Protein..... 4,1 g
Determining the nutritional values by..... calculation
Salt..... 0,06 g

information on consumer unit

Sales designation of piece..... bag
Packaging material..... LDPE

aroma, consistency

Taste..... typical
Odour..... fresh
Consistency..... tender, not fibrous