



Peas, 300g
Tender and fine



| article number | barcode (item) | barcode (packaging) | eco-ID | |
|----------------|---------------------|---------------------|--------|--|
| 230319 | 4 026813 000132 | 4 026813 001276 | 84525 | |

brand bio inside



quality

100% bio, Reg (EC) No 834/2007, EU organic logo, EU agriculture

control Authority

NL-BIO-01 | SKAL

Origin

Netherlands (NL)

Countries of origin of the main ingredient /s

Various countries

ingredients

Peas*

* = from organic agriculture

** = from biodynamic agriculture

* = ingredients from organic farming



General

bio inside offers a wide range of products comprising fresh basic, tasty and varied vegetables and fruit that you can use to make creatively delicious meals for an active way of life.

instructions for use

In the pot: place the frozen peas in a pot with boiling water, add a pinch of salt and cook for 3–5 minutes, according to taste. Drain and season to taste.

In the frying pan: steam the frozen product in a frying pan with some oil at medium heat.

Stir from time to time and season to taste.

manufacturing

Coming directly from the field, bio inside products are immediately deep-frozen to preserve all their important vitamins and flavours.

storage information for consumers

Store at -18°C. Once defrosted do not refreeze.

allergy notes

contains: vegetables / legumes



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other allergy and dietary notes

Organic product ✓

vegan ✓

vegetarian ✓



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category-specific information

Legal status..... food
Sweetener..... not sweetened

quality

Official organic labels..... EU organic logo

Quality

Code number of control authority..... NL-BIO-01

Further legal information

Legal notice, additives..... Contains no declaration obligatory additives, Do not refreeze after defrosting

nutritional values & analytical results per 100 g

energy content in kJ / 100 g or 100 ml..... 376 kJ / 88 kcal kJ
total fat content in grams..... 0,5 g
of which saturates..... 0,1 g
carbohydrates in grams per 100g..... 12,3 g
of which sugars..... 1,3 g
fibre..... 4,3 g
protein content in grams per 100g..... 6,6 g
salt..... 0,01 g

information on consumer unit

packaging material..... pe / ld
sales designation consumer unit..... pe-bag

aroma, consistency

taste..... typical, without external flavour
odor..... fresh
consistency..... tender, not fibrous

legal information

Adress of distributor..... Demeter Felderzeugnisse GmbH, Neue Bergstr. 13, D-64665 Alsbach