



# Leaf spinach, 450g

*young, fine leaf spinach, in portions*



article number	barcode (item)	barcode (packaging)	eco-ID	
230203	 4 026813 020079	 4 026813 001115	113814	

## Brand

Natural Cool

## Quality

demeter, EU organic logo, EU agriculture

## Control Authority

NL-BIO-01 | SKAL

## Origin

Netherlands (NL)

## Origin of the raw materials

Germany, Netherlands

## Country of packing

Netherlands

## Ingredients

Leaf spinach\*\*

\*\*= ingredients from biodynamic cultivation



## Marketing text

Leaf spinach cut and formed in portions from organic agriculture (biodynamic)

## Preparation instructions

Pot: no need to defrost before use, Warm up the demeter spinach in a pot with a lid over at low heat, stirring occasionally.

Microwave (700 Watt capacity): Heat the frozen spinach with 3 tsp of water in a covered microwave dish for approx. 9 minutes. Stir thoroughly once during this time and once again before serving. In the event of a different capacity consult the microwave manufacturer's instructions. Season to taste.

## Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

## allergy notes

**True:** Contains no allergens subject to labelling according to Regulation (EU) 1169/2011 if they are not expressly mentioned here.

## other allergy and dietary notes

vegan✓

vegetarian✓



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## category-specific information

Legal product category..... food  
Preparation type..... Cooking pot

## Quality

Organic product..... yes  
Official organic labels..... EU organic logo  
Organic certification body..... NL-BIO-01

## Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

## Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

## Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

## nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 91 kJ / 21 kcal  
Fat..... 0,3 g  
of which saturates..... 0,0 g  
Carbohydrates..... 0,6 g  
of which sugars..... 0,5 g  
Fibre..... 2,6 g  
Protein..... 2,8 g  
Determining the nutritional values by..... calculation  
Salt..... 0,2 g

## information on consumer unit

Sales designation of piece..... box  
Packaging material..... cardboard

## aroma, consistency

Taste..... typical like spinach, without external taste  
Odour..... fresh  
Consistency..... tender, not fibrous