



Cut green beans, 450g

cut into 3-4 cm, free from strings



article number	barcode (item)	barcode (packaging)	eco-ID	
230309	 4 026813 020024	 4 026813 001351	113815	

brand

Natural Cool

quality

demeter, EU organic logo, EU agriculture

control Authority

NL-BIO-01 | SKAL

Origin

Netherlands (NL)

Origin of the raw materials

Germany, Netherlands

Country of packing

Netherlands

Ingredients

Cut green beans**

*= ingredients from organic farming, **= ingredients from biodynamic cultivation



Preparation instructions

Pot: Place the frozen green beans in a pan of water with a pinch of salt and bring to boil, cooking for 7-9 minutes, according to taste. Drain and season to taste if wished.

Microwave (700 Watt capacity): Heat the frozen green beans in a covered microwave dish with some water for approx. 9 minutes. Stir thoroughly once during this time and once again before serving. In the event of a different capacity consult the microwave manufacturer's instructions. Season to taste.

Consumer storage instructions

Store at -18°C. Once defrosted do not refreeze.

other allergy and dietary notes

vegan ✓ vegetarian ✓



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category-specific information

Legal product category..... food
 Preparation type..... Cooking pot

Quality

Organic product..... yes
 Official organic labels..... EU organic logo
 Organic certification body..... NL-BIO-01

Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 155 kJ / 37 kcal
 Fat..... 0,2 g
 of which saturates..... 0,1 g
 Carbohydrates..... 5,1 g
 of which sugars..... 2,7 g
 Fibre..... 1,9 g
 Protein..... 2,4 g
 Salt..... 0,01 g
 determining the nutritional values by..... calculation

information on consumer unit

Description of packaging unit for consumer..... Box
 Packaging material..... Cardboard

aroma, consistency

Taste..... typical for green beans, without external taste
 Odour..... fresh
 Consistency..... tender, not fibrous