



Vegetable Mix, 450g

fine mixture of cauliflower, peas, green beans, carrot slices and stringless beans



article number	barcode (item)	barcode (packaging)	eco-ID	
230506	 4 026813 020062	 4 026813 001146	113830	

Brand

Natural Cool

Quality

demeter, EU organic logo, EU agriculture

Control Authority

NL-BIO-01 | SKAL

Origin

Netherlands (NL)

Origin of the raw materials

Various countries

Ingredients

Peas**, cauliflower**, carrots**, green beans**

**= ingredients from biodynamic cultivation

Preparation instructions

Pot: Place the demeter vegetables mix in boiling water with a pinch of salt. Bring the vegetables to boil again and cook them for 6-8 minutes, according to taste. Drain and season to taste.

Microwave (700 Watt capacity): Heat the frozen vegetable mix in a covered microwave dish with some water for approx. 9 minutes. Stir thoroughly once during this time and once again before serving. In the event of a different capacity consult the microwave manufacturer's instructions. Season to taste.

Consumer storage instructions supplement

Store colder than -18°C. Once defrosted do not refreeze.

allergy notes

contained: Umbelliferae

other allergy and dietary notes

vegan✓

vegetarian✓





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category-specific information

Legal product category..... food
Preparation type..... Cooking pot

Quality

Organic product..... yes
Official organic labels..... EU organic logo
Organic certification body..... NL-BIO-01

Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 193 kJ / 46 kcal
Fat..... 0,3 g
of which saturates..... 0,1 g
Carbohydrates..... 6,1 g
of which sugars..... 2,7 g
Fibre..... 3,2 g
Protein..... 3,1 g
Determining the nutritional values by..... calculation
Salt..... 0,1 g

information on consumer unit

Sales designation of piece..... box
Packaging material..... cardboard

aroma, consistency

Taste..... typical for each ingredient
Odour..... fresh
Consistency..... firm to the bite, typical for each ingredient