

**Naturalcool**  
SEI BESSER ESSER

# Broad beans, 300g

*freshly harvested young broad beans*



## article number

230331

## barcode (item)



4 026813 000453

## barcode (packaging)



4 026813 001542

## eco-ID

233768



## Brand

Natural Cool

## Quality

demeter, EU organic logo, EU agriculture

## Usage instructions

Pot: tip the deep-frozen beans into a pot of salted boiling water, cook for 7–9 minutes and drain. Once the beans are cool enough to handle, you can peel them if you want. Simply make a nick in the shell and pop out the bright green tender bean inside. Season to taste and serve whole or crushed.

## Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

## Preparation instructions

See using instructions.

## Manufacturing

Immediately after harvesting, the broad beans are blanched, individually quick frozen, sorted, metal detected and packed.

## Origin

Netherlands (NL)

## Origin of the raw materials

Netherlands

## Country of packing

Netherlands

## Ingredients

Broad beans\*\*

\*\*= ingredients from biodynamic cultivation

## Allergy notes

**True:** Contains no allergens subject to labelling according to Regulation (EU) 1169/2011 if they are not expressly mentioned here.

## Further properties

vegan ✓

vegetarian ✓



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### Product group specific information

Legal product category..... food  
 Preservation..... frozen  
 Preparation type..... Cooking pot

### Quality

Organic product..... yes  
 Official organic labels..... EU organic logo  
 Organic certification body..... NL-BIO-01

### Compulsory label information

**Compulsory additive label information**..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

### Legal information

**Address of distributor**..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach;  
 demeter@felderzeugnisse.de  
**E-Mail of distributor**..... demeter@felderzeugnisse.de

### Nutritional values & analysis results based on 100 g

**Energy in kJ / 100 g or 100 ml**..... 972 kJ / 232 kcal  
**Fat**..... 1,8 g  
**of which saturates**..... 0,25 g  
**Carbohydrates**..... 26 g  
**of which sugars**..... 0,8 g  
**Fibre**..... 28 g  
**Protein**..... 7 g  
**Determining the nutritional values by**..... calculation  
**Salt**..... 0,23 g

### Dimensions and weights of the consumer unit

**Net weight in kg**..... 0,3 kg

### Details of the consumer unit

**Sales designation of piece**..... folding carton  
**Packaging material**..... cardboard, PE

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## Sensory, texture

**Taste**..... typical for green beans, without external taste

**Odour**..... fresh

**Consistency**..... tender, not fibrous