



Organic Mussels, 450g

pasteurized in their own juice, in the shell, natural, sand free



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| article number 235043 | barcode (item)  4 026813 280312 | barcode (packaging)  4 026813 281340 | eco-ID 297718 |  |
|---------------------------------|---|--|-------------------------|---|

Brand

bio inside



Quality

EU organic logo, EU agriculture

Marketing text

Natural and selected ORGANIC Mussels, rope grown. Pasteurized in their own juice and deep-frozen, sand-free, ready to eat in 3 minutes.

Particularities

Our organic mussels are farmed off the coast of West Cork (Ireland), in Bantry Bay. They grow in a natural environment on long cotton ropes in the open sea. The enormous abundance of nutrients (phytoplankton) caused by the rising current and strong tides promotes a unique biodiversity and forms the basis for natural and healthy growth. Our certified organic mussel farm is extremely careful and responsible with the resources of the sea. Immediately after harvesting on the open sea, the mussels are sorted and brushed on board, carefully cleaned and sieved before being brought ashore to the preparation kitchens a few metres away. This guarantees that special freshness and the highest quality.



Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

Preparation instructions

Heat in bag: remove bag from sleeve. Place into a pot of boiling water for approx. 4-6 minutes. Remove carefully from pot and cut open. Pour into a serving dish and serve immediately.

In the microwave (ca. 800 W): thaw the product and put into a microwave safe dish. Heat on medium for 2,5 minutes. Additional salt is not required.

In paellas, cooked dishes, soups, etc.: add the Mussels to the habitual recipe without previous defrosting in order that the inner juice gives your dish the whole taste.

Other notes

Discard any mussels which do not open after adequate heating.

Origin

Ireland (IE)

Origin of the raw materials

Ireland



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Country of packing

Ireland

Ingredients

Mussels (Mollusc) (*Mytilus edulis*)***

allergenic ingredients: Molluscs and mollusc products

***= organic aquaculture

allergy notes

True: Contains no allergens subject to labelling according to Regulation (EU) 1169/2011 if they are not expressly mentioned here.

contained: Molluscs and mollusc products

other allergy and dietary notes

category-specific information

| | |
|------------------------------------|----------------------------------|
| Legal product category..... | food |
| Sweetener..... | not sweetened |
| Fishing- or production method..... | of aquaculture |
| Fish production method..... | mussel farming in the wild |
| Fish trade name..... | Mussel (<i>Mytilus edulis</i>) |
| Preservation..... | frozen |
| Package size / type..... | standard size |
| Preparation type..... | Cooking pot |

Quality

| | |
|---------------------------------|-----------------|
| Organic product..... | yes |
| Official organic labels..... | EU organic logo |
| Organic certification body..... | IE-ORG-03 |

Further legal information

Additives, declaration obligatory..... Do not refreeze after defrosting

Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.



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Legal information

Legal designation of the product..... Organic mussels in the shell, natural, pasteurized, deep-frozen
Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 317 kJ / 75 kcal
Fat..... 1,5 g
of which saturates..... 0,4 g
Carbohydrates..... 2,1 g
of which sugars..... <0,5 g
Fibre..... <0,5 g
Protein..... 13 g
Determining the nutritional values by..... analysis
Salt..... 0,67 g

information on consumer unit

Sales designation of piece..... box
Packaging material..... cardboard, PA, PP

aroma, consistency

Taste..... like mussels, fresh
Odour..... fresh
Consistency..... typical