



# Broccoli, 300g

young, fine broccoli florets, individually removable



<b>article number</b> 230409	<b>barcode (item)</b>  4 026813 000163	<b>barcode (packaging)</b>  4 026813 001177	<b>eco-ID</b> 80134	
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## Brand

bio inside



## Quality

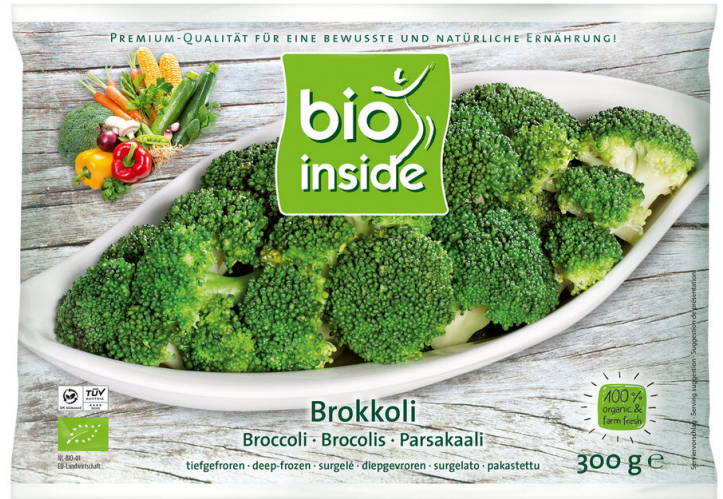
EU organic logo, EU agriculture

## Marketing text

bio inside offers a wide range of products comprising fresh basic, tasty and varied vegetables and fruit that you can use to make creatively delicious meals for an active way of life.

## Usage instructions

In the pot: place the frozen broccoli in a pot with boiling water (125 ml for 300 g), add a pinch of salt and cook for 3-5 minutes, according to taste. Drain and season to taste.



## Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

## Manufacturing

Coming directly from the field, bio inside products are immediately deep-frozen to preserve all their important vitamins and flavours.

## Origin

Netherlands (NL)

## Origin of the raw materials

Spain, Netherlands

## Ingredients

Broccoli\*

\*= ingredients from organic farming

## allergy notes

**True:** Contains no allergens subject to labelling according to Regulation (EU) 1169/2011 if they are not expressly mentioned here.

## other allergy and dietary notes

vegan ✓ vegetarian ✓

## category-specific information

Legal product category..... food  
 Sweetener..... not sweetened  
 Preparation type..... Cooking pot



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## Quality

Organic product ..... yes  
 Official organic labels ..... EU organic logo  
 Organic certification body ..... NL-BIO-01

## Further legal information

Additives, declaration obligatory ..... Contains no declaration obligatory additives

## Compulsory label information

Compulsory additive label information ..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

## Legal information

Address of distributor ..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

## nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml ..... 128 kJ / 155 kcal  
 Fat ..... 0,5 g  
 of which saturates ..... 0,1 g  
 Carbohydrates ..... 2,8 g  
 of which sugars ..... 2,3 g  
 Fibre ..... 3,3 g  
 Protein ..... 4,2 g  
 Determining the nutritional values by ..... calculation  
 Salt ..... 0,06 g

## information on consumer unit

Sales designation of piece ..... bag  
 Packaging material ..... LDPE

## aroma, consistency

Taste ..... typical  
 Odour ..... fresh  
 Consistency ..... tender, not fibrous