



Whole green beans, 300g

fresh and free from strings



article number 230323	barcode (item)  4 026813 000149	barcode (packaging)  4 026813 001221	eco-ID 80137	
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Brand

bio inside



Quality

EU organic logo, EU agriculture

Marketing text

bio inside offers a wide range of products comprising fresh basic, tasty and varied vegetables and fruits that you can use to make creatively delicious meals for an active way of life.

Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.



Preparation instructions

In the pot: place the frozen green beans in a pot with boiling water, add a pinch of salt and cook for 7-9 minutes, according to taste. Drain and season to taste.

In the frying pan: steam the frozen product in a frying pan with some oil at a mean temperature. Stir from time to time and season to taste.

Manufacturing

Coming directly from the field, bio inside products are immediately deep-frozen to preserve all their important vitamins and flavours.

Origin

Netherlands (NL)

Origin of the raw materials

Netherlands

Ingredients

Green beans*

*= ingredients from organic farming

allergy notes

True: Contains no allergens subject to labelling according to Regulation (EU) 1169/2011 if they are not expressly mentioned here.

other allergy and dietary notes

vegan ✓ vegetarian ✓



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category-specific information

Legal product category..... food
Sweetener..... not sweetened
Preparation type..... Cooking pot

Quality

Organic product..... yes
Official organic labels..... EU organic logo
Organic certification body..... NL-BIO-01

Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 155 kJ / 37 kcal
Fat..... 0,2 g
of which saturates..... 0,1 g
Carbohydrates..... 5,1 g
of which sugars..... 2,7 g
Fibre..... 1,9 g
Protein..... 2,4 g
Salt..... 0,01 g

information on consumer unit

Sales designation of piece..... bag
Packaging material..... LDPE

aroma, consistency

Taste..... typical, without external flavour
Odour..... fresh
Consistency..... tender, not fibrous