



# Sweet corn, 450g

*freshly harvested, extra sweet*



<b>article number</b> 230311	<b>barcode (item)</b>  4 026813 020048	<b>barcode (packaging)</b>  4 026813 001122	<b>eco-ID</b> 113819	
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## Brand

Natural Cool

## Quality

demeter, EU organic logo, EU agriculture

## Marketing text

Sweet corn from organic agriculture (biodynamic).

## Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

## Preparation instructions

Pot: place the frozen sweet corn in a pot with boiling water, add a pinch of salt and cook for 3-5 minutes. Drain and season to taste.

Microwave(700 Watt capacity): Heat the frozen sweet corn in a covered microwave dish with some water for approx. 9 minutes. Stir thoroughly once during this time and once again before serving. In the event of a different capacity consult the microwave manufacturer 's instructions. Season to taste. For salads: Add the thawed demeter sweet corn directly to your favourite salad.

## Origin

Netherlands (NL)

## Origin of the raw materials

Various countries

## Country of packing

Netherlands

## Ingredients

Sweet corn\*\*

\*= ingredients from organic farming, \*\*= ingredients from biodynamic cultivation

## allergy notes

**contained:** Maize

## other allergy and dietary notes

vegan ✓ vegetarian ✓





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### category-specific information

Legal product category..... food  
Preservation..... frozen  
Preparation type..... Cooking pot

### Quality

Organic product..... yes  
Official organic labels..... EU organic logo  
Organic certification body..... NL-BIO-01

### Further legal information

Additives, declaration obligatory..... Contains no declaration obligatory additives

### Compulsory label information

Compulsory additive label information..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

### Legal information

Address of distributor..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

### nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml..... 370 kJ / 87 kcal  
Fat..... 1,2 g  
of which saturates..... 0,7 g  
Carbohydrates..... 15,7 g  
of which sugars..... 3,6 g  
Fibre..... 2,7 g  
Protein..... 3,3 g  
Determining the nutritional values by..... calculation  
Salt..... 0,8 g

### information on consumer unit

Sales designation of piece..... box  
Packaging material..... cardboard, PE

### aroma, consistency

Taste..... typical, no off taste  
Odour..... fresh  
Consistency..... tender, not fibrous