



# Chopped spinach, 450g

freshly harvested, in portions (20g)



<b>article number</b> 230207	<b>barcode (item)</b>  4 026813 000439	<b>barcode (packaging)</b>  4 026813 001511	<b>eco-ID</b> 169000	
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## Brand

Natural Cool



## Quality

demeter, EU organic logo, EU agriculture

## Marketing text

Spinach cut and formed in portions from organic agriculture (biodynamic).

## Consumer storage instructions supplement

Store at -18°C. Once defrosted do not refreeze.

## Preparation instructions

Pot: no need to defrost before use, Warm up the demeter spinach in a pot with a lid over at low heat, stirring occasionally.

Microwave (700 Watt capacity): Heat the frozen spinach with 3 tsp of water in a covered microwave dish for approx. 9 minutes. Stir thoroughly once during this time and once again before serving. In the event of a different capacity consult the microwave manufacturer´s instructions. Season to taste.

## Origin

Netherlands (NL)

## Origin of the raw materials

Germany, Netherlands

## Country of packing

Netherlands

## Ingredients

Spinach\*\*

\*\*= ingredients from biodynamic cultivation, \*= ingredients from organic farming

## other allergy and dietary notes

vegan ✓ vegetarian ✓

## category-specific information

Legal product category..... food  
Preparation type..... Cooking pot

## Quality

Organic product..... yes  
Official organic labels..... EU organic logo  
Organic certification body..... NL-BIO-01





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## Further legal information

**Additives, declaration obligatory**..... Contains no declaration obligatory additives

## Compulsory label information

**Compulsory additive label information**..... Legal demands: The product meets the requirements of EC Directives and the following. Fully accepted organic product according to applicable EU Organic Regulation. GMO: The products do not contain genetically modified raw materials or genetically modified organisms since it is processed according to applicable EU Organic Regulation. Unintentional genetic modifications that enter the food in traces during cultivation, production, placing on the market or handling are not taken into account. Therefore it is not mandatory to label the products according to the Council Regulation (EC) No 1829/2003 and (EC) No 1830/2003.

## Legal information

**Legal designation of the product**..... Spinach, chopped and formed in portions

**Address of distributor**..... Demeter-Felderzeugnisse GmbH, Neue Bergstraße 13, D-64665 Alsbach

## nutritional values & analytical results per 100 g

Energy in kJ / 100 g or 100 ml.....	98 kJ / 23 kcal
Fat.....	0,5 g
of which saturates.....	0,1 g
Carbohydrates.....	0,6 g
of which sugars.....	0,5 g
Fibre.....	1,9 g
Protein.....	3,0 g
Determining the nutritional values by.....	calculation
Salt.....	0,08 g

## information on consumer unit

**Sales designation of piece**..... box

**Packaging material**..... cardboard, PE

## aroma, consistency

**Taste**..... typical like spinach, without external taste

**Odour**..... fresh

**Consistency**..... tender, not fibrous